

Bone density is a specialized examination that uses very low dose radiation to obtain images that are used to calculate the density of your bones. This information helps your physician determine how susceptible you are to fractures.

HOW TO PREPARE FOR A BONE DENSITY EXAM

To prepare for your exam, please note:

- Do not take any calcium supplements 24 hours before your appointment.
- You may be asked to change into a gown and you may be asked to remove metal objects, including jewelry.
- Arrange for someone to watch your children in the Waiting Room during your exam; you may not bring children into the exam room.

Please arrive 15-20 minutes early for your appointment in order to have time to fill out the paperwork associated with your Imaging exam.

The technologist will be happy to answer all of your questions before your exam.